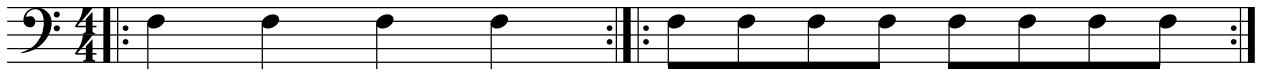


Double Tonguing Beginnings



Before starting this exercise with the bassoon, practice TIH-KIH syllables in above rhythms with increased backpressure at a slow tempo. This gets the tongue warmed up to the syllables and used to the motions. Try to get your tongue as far forward in the mouth as possible when doing these syllables. After warming up with the syllables, move to the bassoon on the above exercise. Repeat the first exercise many times until a comfort is established with the kih syllable. Then move on to the second exercise.

To improve at double tonguing, it is important to be practicing the syllables away from the bassoon as much as possible (when walking to class, when running an errand/driving the car). This trains the tongue to become familiar and comfortable with the syllables.